

Personal Finance  
Grocery Shopping Project

Name: \_\_\_\_\_  
\_\_\_\_\_

Directions:

In this activity, you will practice coming up with a grocery plan. Create a menu for the week by filling in the food you will eat in each space below. You must have enough food for three meals a day over a seven day span (**assume you are single and live by yourself**).

	Breakfast	Lunch	Dinner
Monday			
Tuesday			
Wed.			
Thurs.			
Friday			
Sat.			
Sunday			





